Join us at the PNW District Convention for

Kiwanis Grand Casino!

Friday, August 16

7pm – 10pm
Doubletree Hotel • SeaTac, WA

Silent Auction
Raffles
and more!

$25 pp
1 complimentary drink
$20 in gaming scrip

Tickets are available when you register for District Convention.

All proceeds benefit the Kiwanis Children’s Cancer Program (KCCP) and the Eliminate project on behalf of all Kiwanis clubs attending convention.
inside the builder | summer 2013

4 Freshen your club’s look with the new Kiwanis brand guide
5 District update: the power of the K
6 PNW Kiwanis District Convention 2013
13 Simple ways to serve everyday
14 The Kiwanis Children’s Cancer Program: stories from BC Children’s, Seattle Children’s and Doernbecher
20 Children and traumatic injury
21 An eyewitness account: the Eliminate Project in Ghana
22 Grow your club!
24 Service leadership clubs making a difference
26 Club spotlight
27 News from clubs, divisions, and district programs
31 Community Partnership Program

Kiwanis is a global organization of volunteers dedicated to changing the world – one child and one community at a time.

Get more information about Kiwanis International and Pacific Northwest District projects:

ELIMINATE
Kiwanis eliminating maternal/newborn tetanus
www.theeliminateproject.org

Kiwanis Children’s Cancer Program
www.kiwanis-kccp.org

KiwanisSIGN
Healing the Face, Hope for the Future, Families
www.kiwanissign.com
Freshen your club’s look this summer

Are your t-shirts tired, your banners starting to sag? Update your club’s look with the new Kiwanis logo, colors and typefaces just in time for your summer fundraiser. These key parts of our organization’s brand are all new and now is a great time to make the change.

The Kiwanis brand is our organization’s image—the impact it has, the people it’s made of, the emotion it creates. It’s all the things that define how people see us.

The Kiwanis logo and other visual elements are just one part of the Kiwanis brand. But they’re an important part. And like every part of our brand, you determine how effective it is.

The Kiwanis Brand Guide was recently updated and is now available for download from the KiwanisOne website. The guide is designed to help you learn about how to use the visual elements of the Kiwanis brand, as well as the style, and how to use them consistently. You’ll find tips about photography, writing style and more. Because the more consistent you are, the more effective your communications will be.

The visual brand

The visual elements are the basic building blocks of good visual branding, and include more than just the appropriate logo, but fonts and colors as well. When you get these right, you’re well on your way to making Kiwanis recognizable in your community.

Other information included in the new brand guide: dos and don’ts for logo usage, how to find the correct fonts and how to create the Kiwanis color palette on your PC or Mac. Get ideas on how to personalize Kiwanis’ latest look and make your own billboards, brochures and banners, along with tips for working with vendors to achieve a successful crisp, updated look.

While you’re refreshing your club brand, be sure to check the logo and color usage on your social media pages (Facebook, Twitter) and your club website. Printed materials that should be updated the next time you order: business cards, brochures, newsletters, etc.

Kiwanis branding is a huge step in marketing your club in your community. Kiwanis visibility is a key component to building clubs, and will emphasized by incoming PNW Governor Pamela Smith (2013-14).

You can “market” your club easily with simple items that can be used every day using your color printer. Bookmarks and notecards, for example, on pre-perforated cardstock. Create stickers for your K-Kids or people that attend your events with precut label material. Make quick custom t-shirts or aprons by creating your own design and ironing it on a clean garment. You can find paper “shells”, cardstocks, labels and t-shirt transfer materials at stores like Staples, Office Depot or thepapermillstore.com. If you’re really ambitious, consider investing in a button-maker (badgeaminit.com for example) to make custom pin-back buttons and badges, key chains, mirrors, and more.

Need an inexpensive way to outfit club members at your next community event?

Order personalized T-shirts from the Kiwanis Family Store, with your club name screenprinted on the back!

Download a copy of the brand guide and make use of it, especially Secretaries and Public Relations / Communications chairpeople.
District Update: the power of the “K”

Here we are over halfway through our Kiwanis year, and Governor Greg and I have finished up with all the Regional Conferences. We got some great new ideas and met old friends and made new ones. Greg (hubby) and Stormie were troopers listening to the SAME messages over and over to the Kiwanians.

This is what we need to do as Kiwanians – share the SAME message to all we meet. The more people we can touch with our Kiwanis story and the more awareness that we can put out there, Kiwanis will become the organization of choice.

Greg S. and Stormie ran a marketing store at each of the Regional Conferences, Governor Greg and I personally want to thank you both. We had such items as Friends of Kiwanis hats and pins and stickers and this concept was very popular. I encourage you all to wear something every day with the Kiwanis emblem on it. Order the Friends of Kiwanis hats and visors from the District office to give to the supporters and volunteers who support your service projects as a thank you.

Let’s talk about the programs that make Kiwanis International and the PNW unique. These programs are so unique to Kiwanis and another great tool to get people excited about the impact Kiwanis is making globally and in our own backyards.

We have ELIMINATE, this is a global impact! Think about it, partnering with UNICEF we will save 61 million women and babies by a mere donation of $1.80 for each woman and her future babies to be saved. If this is your passion, tell people what Kiwanis is doing!

S.I.G.N.: Surgical Implant Generation Network has been part of the PNW since June 2003! The PNW has raised more than $600,000 to start 40 Kiwanis SIGN surgery centers in 17 developing countries. Our humanitarian thumbprint is huge! If S.I.G.N has your heart, go and tell the world about the great work that Kiwanians are doing.

Our most recent District program is KCCP, the Kiwanis Children’s Cancer Program. In 2010, Kiwanians quickly embraced the idea of funding pediatric oncology Fellowships at area children’s hospitals to help find the cure for childhood cancers. Modeled after the Kiwanis Doernbecher Children’s Cancer Program in Oregon, we have committees at BC Children’s and at Seattle Children’s. Between all three hospitals, Kiwanians have raised around $800,000 in just over 2 years!

I think the most important programs we have as Kiwanians are our Service Leadership Programs. This really makes Kiwanis so unique. Kiwanis is the ONLY service organization that nurtures and teaches leadership and service skills to kids from Elementary school (K-Kids), Middle School (Builders), High School (Key Club), College (CKI) and adults with special disabilities (Aktion Club). Amazing!!! A whole family with service to the community in mind, how powerful is that?

I am very proud to be a Kiwanian and I love to tell people how much we are touching the world and our communities. I challenge you to share your Kiwanis story with someone who does not know what Kiwanis is. I know you can, and if we all do this, Kiwanis will be one step closer to showing people that Kiwanis is the Organization of choice.

The power of the “K” amazes me to no end. We need to be shouting from the mountains that Kiwanis is doing tremendous things!

by Pamela Smith
PNW Governor-Elect
District convention at SeaTac: Aug. 15-18, 2013

Hard to believe it, but by the time you read this District Convention will be less than six weeks away! The Planning Committee has worked hard to bring you a fun-filled, affordable Convention.

Registration will begin at $198US and include all three meals on Saturday. New this year, Kiwanians who joined since the 2012 Bend Convention (no transfers or dual memberships) can contact the District Office for a discounted registration fee of just $100US.

Optional meals that can be purchased at the time of registration include the Joint Team Dinner on Thursday evening, Kick-off Service Luncheon and the Casino Night dinner on Friday, Outreach Reception on Saturday and the Inspirational Breakfast on Sunday.

The convention starts on Thursday with Club Leadership Education (CLE) make-up, Finance Committee and Board of Directors meetings and the Team Dinner for the 2011-12, 2012-13 and 2013-14 District leaders for Past Governor Claudell King, Governor Greg Holland and Governor-Elect Pamela Smith.

Friday opens for all attendees with an 8am Opening Session honoring the 2011-2012 Distinguished Clubs, featuring Claudell King.

The Friday Kick-off Luncheon will feature Ms. Wheelchair Washington, Jennifer Adams, who will speak about the new anti-bullying campaign she began last year.

Friday and Saturday Forums, will include some great new choices:

- “50 and Under” with Past CKI Governor Helen Mak - asking the members age 50 and under what brought them to Kiwanis, what keeps them in Kiwanis and how to make Kiwanis more attractive to their age group

- “Hands on for Secretaries” online with Joan Wilson from Kiwanis International - she will also cover 990’s tax filings. Bring your laptop and learn how to set up your clubs own webpage and nuts and bolts of Facebook

- KCCP updates from all three hospitals

You’ll also find forums for First Timers, Getting the most out of the KiwansOne website, the History of Kiwanis, Creative Club Leadership, Marketing and more.

Then it’s off to Meet the Candidates for Governor-Elect (2014-15), followed by the Honors Reception and the optional Casino Night.

Saturday morning will open with the Awards Breakfast, followed by the Opening Delegate Session, Kiwanis Family Luncheon (led by the Key Club and CKI Governors), more Forums, Outreach Reception and Governors Banquet.

Dr. Lewis Zirkle from SIGN will be the Keynote Speaker at the Inspirational Breakfast on Sunday, followed by the second Delegate Session and closing comments.
TO CONVENTION OR NOT TO CONVENTION

In my travels around the PNW I have been hearing, “hmmmm... do I want to go to our District Convention this year?” And my answer is a resounding “YES!!!”

From a Club perspective, each Club should have representation at every Convention. Clubs can have three Delegates at the District convention - this is important so your Club’s voice can be heard on the issues at hand. If your voice isn’t heard because your Club Delegates weren’t there to vote, then your club loses the chance to make a difference.

I often suggest that you send those who have never been to a Convention to District Convention. It is a smaller cozier Convention with a lot going on. Besides the voting for your next Governor (me😊) and the next Governor-Elect, there are many different forums to attend. The speakers will be outstanding, including Dr. Zirkle of SIGN, a gentleman that is riding his motorcycle to all 50 states for Eliminate, and a young woman who has been crowned Ms. Wheelchair Washington 2013.

On Friday night there will be a Casino Night, for only $25.00 you get $20.00 dollars back in play scrip and a free drink coupon. As an added bonus, you can bet on a tricycle race between Governor Holland, our two candidates for Governor-Elect and me. Hint I am going to win. So get your tail to SeaTac!

Governor-Elect Pamela

Registration is open now!

All of the information you need to plan and register for convention can be found online on the District website: www.pnwkiwanis.org. Click on the “Get Your Tail to SeaTac” logo on the home page to go directly to the convention section. Register before July 31st!

Convention venue

DoubleTree by Hilton
Seattle Airport
18740 International Blvd.
SeaTac, WA 98188 USA

All convention events and meetings will be held in the hotel. The DoubleTree offers complimentary parking and a free airport shuttle to all hotel guests.

The District Store will be open on Thursday, Friday and Saturday so you can get your Kiwanis branded clothing, pins, mugs, hats and more. “Friends of Kiwanis” caps and visors will be available so you can stock up. Some items sell out fast, so make it one of your first stops after picking up your registration packets!

If you need more information go online to the District website: www.pnwkiwanis.org, or contact the District Office at 503-641-8869 or pnwconvention@pnwkiwanis.org – see you (and your tail) in SeaTac!

Show your Spirit!

Clubs sending a full contingent of three voting delegates is cordially invited to bring their home club banner for display at the 2013 District Convention in SeaTac.

(Club Name banner only)

Banners are due at the registration desk by 8:00 pm on Friday, August 16. Banners can be retrieved on Sunday morning, August 18.

GET YOUR TAIL TO SEATAC!

GET YOUR TAIL TO SEATAC!
### Convention at-a-glance

#### Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am - 4:00 pm</td>
<td>CLE Training</td>
</tr>
<tr>
<td>8:00 am - 6:00 pm</td>
<td>Exhibit Open &amp; Set Up</td>
</tr>
<tr>
<td>9:00 am - 12:00 noon</td>
<td>Finance &amp; Fundraising Committees</td>
</tr>
<tr>
<td>9:00 am - 5:00 pm</td>
<td>PNW Kiwanis Foundation Board Meeting</td>
</tr>
<tr>
<td>12:00 noon - 5:00 pm</td>
<td>District Store Open</td>
</tr>
<tr>
<td>12:00 noon - 7:00 pm</td>
<td>Registration &amp; Info Desks Open</td>
</tr>
<tr>
<td>12:00 noon - 6:00 pm</td>
<td>Credentials Desk</td>
</tr>
<tr>
<td>1:00 pm - 4:30 pm</td>
<td>Past Governors Committee Meeting</td>
</tr>
<tr>
<td>1:00 pm - 5:00 pm</td>
<td>Board Meeting</td>
</tr>
<tr>
<td>5:00 pm - 5:30 pm</td>
<td>District Chairs &amp; Program Directors</td>
</tr>
<tr>
<td>6:00 pm - 7:00 pm</td>
<td>No-Host Team Reception</td>
</tr>
<tr>
<td>7:00 pm - 9:30 pm</td>
<td>Team Dinner</td>
</tr>
</tbody>
</table>

#### Friday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am - 8:45 am</td>
<td>Opening Session</td>
</tr>
<tr>
<td>8:00 am - 5:30 pm</td>
<td>District Store Open</td>
</tr>
<tr>
<td>8:00 am - 6:00 pm</td>
<td>Exhibit Open</td>
</tr>
<tr>
<td>8:00 am - 7:00 pm</td>
<td>Credentials Desk Open</td>
</tr>
<tr>
<td>8:00 am - 7:00 pm</td>
<td>Registration &amp; Info Desks Open</td>
</tr>
<tr>
<td>9:00 am - 11:45 am</td>
<td>Morning Forums</td>
</tr>
<tr>
<td>12:00 noon - 1:30 pm</td>
<td>Kickoff Luncheon</td>
</tr>
<tr>
<td>2:00 pm - 5:15 pm</td>
<td>“The Power of Words”</td>
</tr>
<tr>
<td>4:30 pm - 5:15 pm</td>
<td>Jennifer Adams, Speaker</td>
</tr>
<tr>
<td>5:30 pm - 7:00 pm</td>
<td>Meet the Candidate</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Casino Night</td>
</tr>
</tbody>
</table>

(Schedule is subject to change - Rev. 6/7/2013)
## Saturday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am - 4:00 pm</td>
<td>Registration Desk Open</td>
</tr>
<tr>
<td>7:00 am - 8:30 am</td>
<td>Awards Breakfast</td>
</tr>
<tr>
<td>7:30 am - 8:30 am</td>
<td>Credentials Desk Open</td>
</tr>
<tr>
<td>7:30 am - 5:00 pm</td>
<td>Information Desk Open</td>
</tr>
<tr>
<td>7:30 am - 5:30 pm</td>
<td>District Store Open</td>
</tr>
<tr>
<td>8:00 am - 4:00 pm</td>
<td>Exhibits Open</td>
</tr>
<tr>
<td>9:00 am - 12:00 noon</td>
<td>Opening Delegate Session</td>
</tr>
<tr>
<td>12:30 pm - 1:50 pm</td>
<td>Kiwanis Family Luncheon</td>
</tr>
<tr>
<td>2:30 pm - 4:30 pm</td>
<td>Forums</td>
</tr>
<tr>
<td>5:30 pm - 6:30 pm</td>
<td>Outreach Reception</td>
</tr>
<tr>
<td>6:00 pm - 7:00 pm</td>
<td>No-Host Social</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Governors Banquet</td>
</tr>
<tr>
<td></td>
<td>“A Ride With A Reason”</td>
</tr>
<tr>
<td></td>
<td>Bob Burlison, Speaker</td>
</tr>
</tbody>
</table>

## Sunday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am - 8:15 am</td>
<td>Inspirational Breakfast</td>
</tr>
<tr>
<td></td>
<td>“Kiwanis and SIGN Unite To Heal Children’s Fractures”</td>
</tr>
<tr>
<td></td>
<td>Dr. Lewis Zirkle, Speaker</td>
</tr>
<tr>
<td>8:30 am - 11:00 am</td>
<td>Closing Delegate Session</td>
</tr>
</tbody>
</table>
See Seattle

Seattle Southside features the perfect blend of urban attractions and close-by natural wonders. From beachcombing, hiking and bird watching to shopping, museums and art galleries, visitors will find new excitement around every corner.

The DoubleTree by Hilton Seattle Airport is within walking distance of Link light rail which provides easy access to downtown Seattle attractions. Central Link light rail travels between Sea-Tac Airport and Westlake Station in downtown Seattle, making 11 stops along the way. Link trains run every 7.5, 10 or 15 minutes depending on the time of day. Service is available from 5 a.m. to 1 a.m. Monday through Saturday and from 6 a.m. to midnight on Sunday and holidays. Adult fares range from $2.00 to $2.75 depending on how far you travel. www.soundtransit.org/Rider-Guide/Link-light-rail

Here are a few things to see and do in Seattle!

The Space Needle [400 Broad St]
Built in 1962 for the World’s Fair, the Space Needle has since become the symbol of Seattle, and one of the most recognizable structures in the world.

Pike Place Market [First Ave and Pike St]
Definitely a Seattle icon, Pike Place Market overflows with fresh seafood and produce, artisan crafts, tempting eats, and charming attractions. It is the oldest continuously working public market in the United States.

Safeco Field [250 1st Ave S]
Since the Inaugural Game on July 15, 1999, Safeco Field has gained a reputation locally, regionally and nationally as a terrific setting for baseball and a great place for baseball fans. Sweeping views of Seattle’s downtown skyline, breathtaking sunsets over Puget Sound, combined with excellent views of game action from all angles give fans at Safeco Field an experience unequalled in Major League Baseball.

Central Library [1000 Fourth Ave]
A bookworm’s paradise with bold design features, from bright yellow escalators to a wonderfully airy reading room.

Great Wheel [1301 Alaskan Way]
This 175-foot-tall Ferris wheel is perched on the edge of Pier 57, overlooking Elliott Bay. Weatherproof gondolas offer an amazing view of the city skyline, Puget Sound and Elliott Bay.

Pier 52
If there is one required activity of Seattle tourists, it is a trip across the open waters of Puget Sound. The memories of a Bainbridge Island ferry ride in the Pacific Northwest last a lifetime, which is why the Washington State Ferries are the most popular tourist attraction in the state. The trip from Seattle to Bainbridge Island via ferry boat (locals refer to it merely as “the boat”) is 35 minutes. Ride home after dusk for a glittering city view.

Kerry Park [211 W Highland Dr]
You know those panoramic shots of Seattle’s skyline with the Space Needle proudly front-and-center? Chances are they were taken right here. Situated on the southern slope of Queen Anne Hill, this 1.26-acre park is a prime vantage point to see the Sound, the city, and—on clear days—Mount Rainier.

Ballard Locks [3015 54th St NW]
Officially known as the Hiram M. Chittenden Locks, the Ballard Locks is one of Seattle’s most popular tourist attractions, especially during the summer. The grounds also feature a fish ladder and the Carl S. English Jr. Botanical Garden — one of the most beautiful park settings in Seattle.

•
A look at our Convention speakers

Jennifer Adams
2013 Ms. Wheelchair Washington
“The Power of Words”

Jennifer was born with partial limbs, yet she does not consider her struggles a burden, but instead a gift, for she has had the privilege to learn that beyond our limitations is fulfillment and life’s purpose. Jennifer is a radiant, high energy spokes-woman who enjoys singing, public speaking, and skateboarding.

She has a Bachelor of Arts in Psychology from Pacific Lutheran University, a certification in Radio Broadcasting, and a Master’s degree in counseling from Faith Seminary. While she went to school, she worked in corporate settings. After receiving her Master’s degree, she worked at the Tacoma School of the Arts as an advocate for students with disabilities.

Jennifer started an anti-bullying campaign called “The Power of Words.” Jennifer knows first-hand the power that words have on an individual's life through her own experience of being bullied in school, and the healing experience of being built up through positive words and support from family and friends. The message of “The Power of Words” is that everyone should be accepted – regardless of skin color, disability, family background, financial means or any perceived anomaly.

Jennifer will speak at the Kickoff Luncheon on Friday.

Bob Burlison
KURE – Kiwanis Unity Ride to Eliminate “Ride With A Reason”

Attorney Bob Burlison, Jr. of La Canada Flintridge, embarked on a fundraising, 15,000-mile road trip across the entire lower 48 U.S. states that will break the Guinness Record for continuous motorcycle driving in one country. The trip is raising funds for Eliminate Project. Burlison began his trip in May and will be just about finishing it up at our SeaTac convention. Bob is a longtime member of the Kiwanis Club of La Cañada-AM.

“This seemed like a pretty good excuse to take a little ride!” said Burlison. “I hope it will strengthen the Kiwanis name and unite everyone across the nation.” Bob originally became interested in the project because it affected children. But to get people to notice, he wanted to do something unusual. The ride is dedicated to his father, who passed away in March.

Part of the project includes a raffle in which one person will receive a BMW motorcycle or $10,000, its value in cash. Burlison said he hopes to sell 2,000 tickets.

“It’s an active project that the group has gotten behind and I’m really thrilled with it,” said Burlison. “I just hope nobody runs me over!”

Bob is the Keynote Speaker on Saturday night at the Governor’s Banquet.

Dr. Lewis Zirkle
“Kiwanis and SIGN Unite to Heal Children’s Fractures”

For years after he served as commander of a mobile Army hospital during the Vietnam War, Dr. Lewis Zirkle had volunteered to train orthopedic surgeons in Vietnam and Indonesia. But in 1990, he stood in a hospital ward in Vietnam and asked how long a man had been lying in a bed with a broken leg.

“Three years,” came the reply.

Zirkle realized that all the training he’d given meant little if the doctors didn’t have proper equipment. Broken bones often did not heal properly. Infections were common. A broken leg could mean amputation.

Zirkle began a non-profit company called Surgical Implant Generation Network, or SIGN, to manufacture the rods and screws. The company, supported by private and corporate donations, sends them free to nearly 100 hospitals in 37 countries. He goes to the hospitals to train surgeons on using the equipment. Those surgeons train others. Thus far, the company has made 13,200 operations possible.

You’d never know the man riding his bike to his private orthopedic practice was responsible for thousands of people being able to walk.

Dr. Zirkle will give the address at the Inspirational Breakfast on Sunday.
Bob Munger

I was born in Massachusetts and also lived in Florida and California. After graduating from high school in Campbell, California, I enlisted in the U.S. Air Force. While on active duty, I attended the University of Arizona on an in-service scholarship, and received an officer’s commission upon graduation. Following pilot training, I flew KC-135 aerial tankers, was an instructor pilot in T-38 trainers, and flew the U-2 high altitude aerial reconnaissance aircraft. I retired from the Air Force in 1992 having served 30 years active duty. I then worked in the real estate support industry before fully retiring in 2009. I have been married to Judy for 50 years, and we have two wonderful adult children.

I joined the Kiwanis Club of Portland in 1990 and transferred to the Ross Island Earlyrisers club in 2000. I am a past president and current club secretary with Ross Island Earlyrisers, Past Lt. Governor of Division 62, 2008-09, current Lt. Governor Division 62, and serve as Lt. Governor Class President. I also serve as a Club Leadership Education instructor, a member of Kiwanis Doernbecher Children’s Cancer Program Board of Directors, and PNW Growth team chair for Club Revitalization and Retention. I was the PNW Builders Club Administrator from 2009-2013.

I have a vision for our district to increase membership by making clubs more attractive to potential members through hands-on service. My vision is based on this premise:

• Service drives Membership
• Service drives Retention
• Service enriches the quality of the Kiwanis experience for Members

As we improve our clubs, we will make them more attractive to people who have a desire to serve because they feel they can make a valuable contribution to their community. As we share our passion with them about why we believe Kiwanis can significantly change our communities, we will be offering people the service opportunity they are already looking for. By improving our clubs we can gain new members and retain the members we already have.

We can do this by engaging in compelling, hands-on service, rewarding that service, having fun, enhancing the Kiwanis experience for our members, and making a difference in our communities.

Please support me with your vote at District Convention in SeaTac. Thank you.

Van Phillips

My name is Van Phillips and I am from Division 46 Spokane. Being a part of the Kiwanians family has been a life changing experience for me.

Throughout my many years as a Kiwanian I have met countless incredible members who share my passion for serving children. The majority of my service has been with the Builders and Key Clubs, both increasing my desire to serve the children throughout the world.

My most memorable Kiwanis moment came from serving as an advisor to Key Club; it was there I learned that I impacted the life of a member. To this day that former Key Clubber still has a strong bearing in my life; that moment is why I would like to run for Governor-Elect. I want every member to share the feeling I had when I helped change the life of a child.

If elected for Governor-Elect my emphasis will be to enhance the connection between Classic Clubs and our SLP Clubs. My ultimate goal is the meshing of K-Family members and having the organization truly function as a family. In addition, I will ensure equal training in both leadership and community service for each branch of the K-Family to ensure continuity amongst its members.

My wife Nancy, our son Joel and our two grandsons Ryen and Christian appreciate your service to our youth and would ask for your support in August at the convention in SeaTac. Thank you!
Simple ways for singles and small groups to **SERVE** Any Day!

1. **Mow a lawn.**
   
   Have a neighbor who’s a single mother, or an elderly . . . think about mowing their lawn or performing other yard work to help them out!

   *Make it a group activity by assigning people to edge, weed, trim and prune!*

2. **Offer a ride – or a walk.**
   
   Another great opportunity to serve adults who have difficulty getting “out and about” – offer to drive them to doctor’s appointments, the library, shopping or just to visit friends.

   *Make it a group activity by volunteering as a club to deliver Meals-on-Wheels.*

   Variation: offer to walk their dogs on very hot or very cold days!

3. **Share your frequent flyer miles.**
   
   Share your unused frequent flyer miles from many national airlines with the Make-A-Wish Foundation (to help fulfill the travel wishes of a child with a life-threatening medical condition) or Hero Miles (to assist service members and their families).

   [www.wish.org/help/donate_airline_miles](http://www.wish.org/help/donate_airline_miles)
   [www.fisherhouse.org/programs/heroMiles](http://www.fisherhouse.org/programs/heroMiles)

4. **Go shopping.**
   
   Identify seniors, disabled persons or young parents in your community that have a difficult time getting to the store – for groceries, gifts or pet supplies, for example. Get their list, do the shopping and deliver their goods back to their homes. Present them with a copy of their receipt, and get reimbursed for actual expenses. Shopping expeditions can be as big or as small as you are comfortable with.

   *Get your service leadership kids involved by having them wrap gifts!*

   Make it a fundraiser by charging a small fee for shopping or gift wrapping.

5. **Clown around.**
   
   Dress up in your best clown costume and make-up and take a visit to a local children’s hospital.

   Give out smiles! Make balloon animals!

   Here’s a chance to take donated books and stuffed animals – with Kiwanis branded stickers and bookmarks.

   Check with the hospital about their rules and regulations before you visit.
The Kiwanis Children’s Cancer Program: Harnessing the POWER of research

Dr. Björn Baadjes
BC Children’s Hospital in Vancouver
The Pacific Northwest is the beginning. The world is our goal.

Childhood cancer affects many families – thousands of children are diagnosed with cancer each year. With the help of research, their chances of surviving have more than tripled in the last 20 years. The Kiwanis Children’s Cancer Program hopes to be a part of finding a cure. Not only will this benefit children it will benefit all cancer patients worldwide.

In the Pacific Northwest, our Kiwanis clubs have partnered with three leading children’s hospitals to fund Fellowships supporting the education and training of pediatric cancer specialists.

What is a Fellow?
Clinical fellows are qualified pediatricians who undergo up to three years of additional training to subspecialize in a particular area of pediatric health. Fellowship training is an intensive hands-on experience that hones the advanced skills in research and the multidisciplinary approach needed to care for severely ill children. Kiwanis supports the further training of clinical fellows in pediatric oncology and hematology.

Where do Fellows come from?
Fellowship programs recruit the finest young physicians – homegrown and from around the world – and provides them with the training required to care for patients with pediatric cancers and other diseases. Many of the doctors and scientists will continue on in their research at the hospital where they participate in the Fellowship program. Others will return to their home countries or states to begin private practice.

Why is funding Fellowships important?
The Kiwanis Children’s Cancer Program funds Fellowships to support the most promising applicants. Demand for these Fellows is high. Hospitals must compete with other pediatric teaching facilities internationally for top Fellowship candidates. At any one time, a hospital may pursue more than 25 key recruits. Fellowships are critical to providing the best care for children today and for future generations.

By supporting the Kiwanis Children’s Cancer Program, Kiwanis clubs throughout the Pacific Northwest, the Kiwanis family and the Kiwanis Foundations of Canada and the U.S., are helping to improve the lives of children with cancer, and their families.

Your Fellow from BC Children’s Hospital
With your support, a recently qualified specialist pediatrician, Dr. Björn Baadjes, has been recruited from Tygerberg Hospital in Cape Town, South Africa. He is the first fellow to be funded by the Pacific Northwest Children’s Cancer Society (Kiwanis Children’s Cancer Program at BC Children’s Hospital). Björn completed his specialty training in pediatric medicine in December 2012.

Once Bjorn has completed his training in pediatric oncology at BC Children’s Hospital, his future plans are to set up the first pediatric oncology unit in Namibia, thereby making care available to pediatric cancer patients in this part of Africa. This talented, international recruit will continue to specialize in the field of pediatric oncology and childhood cancer research at BC Children’s Hospital and the Child & Family Research Institute. Thanks to the Pacific Northwest Children’s Cancer Society (Kiwanis Children’s Cancer Program), the Fellowship program at BC Children’s Hospital – and the benefits to children and families – continues to grow. BC Children’s Hospital is the only pediatric hospital in the province, providing specialist and subspecialist training to our medical professionals.

Please contact Darlene Smith at dar_smith@shaw.ca to get more details and tips on how your club can support BC Children’s Hospital and the Pacific Northwest Children’s Cancer Society (Kiwanis Children’s Cancer Program).
Seattle Children’s Hospital is on a quest to give every child the opportunity to benefit.

The road to improved treatments usually starts with a medical question for which there isn’t yet a satisfying answer followed by efforts to find better ones. The cycle is often referred to as “bedside to bench to bedside.”

“We have a great opportunity to bring our care and cure enterprises closer together for the benefit of our patients, and for children everywhere,” says Dean Allen, chair of Seattle Children’s Research Institute Advisory Board. “We want the insights of our top-notch clinicians to influence and inspire the work of our incredible scientists — that’s the way we’ll deliver on Children’s mission to prevent, treat and eliminate pediatric disease.”

Accelerating advances

The outlook for children with cancer has improved dramatically in the last 50 years because pediatric oncologists across the country work together to develop new treatment approaches. It’s a model that provides patients with the opportunity to participate in research and benefit from the most current thinking on therapies.

That constant striving to improve was a lifesaver for Havianna Hornish of San Diego, who was visiting cousins in Bremerton, Washington, the summer she was 6.

When her parents brought her to Children’s for what they thought was a sinus infection, she was diagnosed with a particularly aggressive type of blood cancer that had horrible odds for survival.

“We almost returned to San Diego for Havianna’s treatment,” recalls her mom Suzanne Hornish. “But when we discovered that doctors at Children’s were researching and treating the exact type of cancer Havianna had, we made a last-minute decision to stay in Seattle.”

Dr. Soheil Meshinchi is renowned for his research on acute myeloid leukemia (AML) with the specific gene mutation Havianna had. He had some compelling data that sorafenib (a medication used to treat kidney cancer) might work for her type of leukemia.

His hunch was right. “The result was fantastic. Kids who relapse with this type of cancer typically have a 10% chance of survival,” Meshinchi explains. “With sorafenib, we’re seeing survival rates of about 90%.”

Havianna was one of the first in the nation to receive sorafenib to treat AML; about 20 more kids have received it since. The results have been so overwhelmingly positive that Children’s started a national clinical research study last fall to test whether sorafenib should become part of the standard care for AML with this mutation.

Research brings hope

“Research is a form of hope,” reflects Dr. Bonnie Ramsey, “families expect us to challenge the status quo and develop new and better treatments; in fact, they demand it. Being part of an institution that is committed to connecting research opportunities and clinical care is a giant magnet for families seeking the best possible care for their child.”

Many thanks to Kira Haller and Seattle Children’s Hospital Foundation for the submission of this article and photograph.

You can support the research that starts in our own backyard and improves the lives of children around the world by supporting the Kiwanis Children’s Cancer Program/Seattle Children’s. Please contact Jim Garcia at jgarciaathome@gmail.com to get more details and tips on how your club can support Seattle Children’s Hospital and the Kiwanis Children’s Cancer Program.
Havianna Hornish, 9, (with mom Suzanne Hornish) has been cancer-free for nearly two years, thanks to the cancer care team at Seattle Children’s. Because doctors also conduct groundbreaking research, patients have access to leading-edge therapies.
A devastating diagnosis.

When Crawford Schafbuch was just five years old he began to complain about constant pain in his bones. His parents, Kimberly and Paul, took him to his pediatrician who referred them to a specialist to determine the cause of his pain. Their worst fears had come true; the diagnosis was cancer - stage 4 neuroblastoma. It originates as a tumor in the Adrenal area and is one of the toughest cancers to treat. By the time it’s discovered, it has usually invaded a patient’s bones and bone marrow. The news of Crawford’s diagnosis devastated Paul and Kimberly.

The family was referred to the Pediatric Cancer Center at OHSU Doernbecher Children’s Hospital in Portland, Oregon to start treatment immediately. The Schafbuchs spent over a year at Doernbecher while Crawford was going through treatment. During that time his blood counts continued to improve and tumors shrank.

Crawford’s doctor, H. Stacy Nicholson, M.D., M.P.H., hematologist / oncologist, helped the family understand the seriousness of Crawford’s cancer but also provided them with hope. Dr. Nicholson emphasized a team approach in treating Crawford.

Another member of Crawford’s cancer beating team was his nurse Rae Acosta, R.N., who always tried to make the very serious Crawford smile. “The people at Doernbecher love our child and wanted to help us. We love them back and consider them a part of our family,” said Kimberly.

According to Dr. Nicholson, “with today’s treatments, eighty percent of kids with cancer can be cured. But one out of five kids not surviving cancer is still too many. We are working to make that percentage eighty five, ninety, and as close to one hundred percent as we can.”

Today, Crawford is 17 years old, a junior at Jesuit High School, playing on the lacrosse team, and living his life to the fullest. With the tremendous support OHSU Doernbecher Children’s Hospital has received from local Kiwanians over the past two decades, more kids like Crawford are surviving cancer. Donations help to support the Pediatric Hematology/Oncology Fellowship Program, which trains and develops the best cancer researchers and care providers.

“Thank you Doernbecher for taking care of me and my family.” – Crawford Schafbuch

Please contact Bob Smith at bobs.kdccp@gmail.com to get more details and tips on how your club can support the Kiwanis Doernbecher Children’s Cancer Program at OHSU.
Do it now! We cannot wait to take action when thousands of children are dying from cancer. The loss of a child to cancer is one of the worst tragedies a family can face. We need your help now. Join the fight to rid the world of pediatric cancer – volunteer to be part of the KCCP team.

Understand the impact of cancer – it’s the number one disease that claims the lives of our children. The incidence of invasive pediatric cancers is up 29% in the past 20 years. Each year over 14,000 children are diagnosed with cancer in the United States – one every three minutes in the world.

Compassion. The worst words you can hear are “Your child has cancer.” From that point on your life has been turned upside down. There is not a person in this world that has not been touched by cancer, either from direct personal experience, or that of a loved one.

Kiwanians can make a difference. We are proud that our main mission is to serve the children of the world. It is only natural that we will attack the number one disease that claims the lives of our children. Our vision is to have a world free of childhood cancer.

Serve. We are committed to raising funds for research and treatment of cancers that affect children. We give from the heart, and our efforts help provide critical funding to pediatric researchers.

Fellows at the three hospitals participating in the Kiwanis Children’s Cancer Program study children’s leukemia, immune system disorders, cancerous tumors and malignant cells. Research into children’s cancer not only helps young patients; discoveries often apply to adult cancer. For example, removing, freezing and returning bone marrow after chemotherapy can save the lives of adults as well as children. But it is incredibly expensive. It may take up to a million dollars to provide space, laboratory equipment, technical support and research physicians (Fellows) needed for a single project.

Funds raised by our Kiwanis clubs are vitally necessary to fund pediatric cancer research projects and improve treatment facilities. We need to make sure that each club has a line item for KCCP, that we have a budget/action plan each year, that we have a Club Chairperson and committee to raise the awareness and funds to find a cure for children’s cancer.

If you desire to touch the lives of these children with cancer and their families by offering them hope for today and hope for the future, please join the team that is dedicated to give our children the opportunity to make a difference. Working together, our members achieve what one person cannot accomplish alone. We will help fund research that will lead to a cure for ALL childhood cancers so that these hideous diseases will be eradicate forever.

Jim Garcia, President
Kiwanis Children’s Cancer Program Board
Children and traumatic injuries

Martha was in trouble. Injured when fugitives panicked at the arrival of the Tanzanian police, she was flattened in the stampede and was left with her thigh bone broken.

Orphaned before her first birthday when her parents died of AIDS, life had not been kind to Martha. But Fate smiled on her when she reached the SIGN Surgery Center at the Muhimbili Orthopaedic Institute in Dar es Salaam, Tanzania where SIGN’s newly developed pediatric “nail” had just arrived. The pediatric nail was especially designed to preserve children’s bone growth zones so important during their growing years.

Briefly, fins near the end of the nail (see photo left) are wedged into the far end of the central bone canal to stabilize the bone in proper healing position while it heals. The fins gradually pull away as the bone grows. (The adult SIGN nail, by comparison, is locked in place by screws at both ends, and in children would prevent any further bone-length growth.)

Initial funding for the SIGN Surgery Center at Muhimbili was provided by the Kiwanis Club of Port Townsend WA, one of 49 such PNW Kiwanis-sponsored centers in 19 developing countries around the world . . . so far. The PNW District-wide KiwanisSIGN goal is 100 such centers.

A donation of $5,000 from PNW Kiwanians and their clubs is all that is needed to add pediatric nail capability to one of the existing 273 SIGN Surgery Centers where much of the necessary instrumentation and training is already in place. The active presence of Kiwanis International and SIGN Fracture Care International restores to productive lives some of the developing world’s most terribly traumatized children and their parents – at no cost to the recipients.

Trauma caused by vehicular accidents and violence can result in serious injuries and even death, and may also lead to other significant mental and physical health consequences such as depression and anxiety, pregnancy complications, and even chronic diseases such as diabetes and heart disease. Traumatic injury also erodes the sense of safety and security so essential to the well-being of families and communities. For many families, a traumatic injury from an accident or violence results in a total loss of income.

The rest of the story: Martha is now 14 and thriving. She’s a straight-A student in her hometown of Moshi, Tanzania. School isn’t free in Tanzania, so a Rotarian couple is paying for her education.

For more information, visit the PNW KiwanisSIGN website at https://sites.google.com/site/kiwanissign/ or SIGN Fracture Care International’s website at https://signfracturecare.org/.
The Eliminate Project in Guinea: An Eyewitness Account

by Judy Kramer

Ever since I watched one of the early Eliminate Project videos of a field trip to Cambodia, I wanted to go on one myself. In September 2012, my wish came true, and I was part of a Kiwanis/UNICEF delegation to Guinea in West Africa to see the Eliminate Project in action.

Guinea is the ninth poorest country in the world, and because half of all births take place at home, maternal and neonatal tetanus are still a threat. The heart of our trip was a visit to the small country town of Mali in northern Guinea. Driving there took us nine hours on paved but pot-hole-ridden roads one day and then three hours on dirt roads the next. Many of the homes we saw had no electricity, running water, or indoor plumbing. There are some small clinics in the more remote areas, but the prefecture hospital serves 315,000 people with a mere 30 beds, nothing we would consider adequate in our communities.

So it was a big deal for UNICEF and local health officials to hold a six-day campaign to immunize women of childbearing age so that they, and through them, their future newborns, would be protected against tetanus. The campaign launch was held in a training center courtyard filled with over one hundred women with children in tow. After lively music and impromptu dancing, the ceremony began with speeches by the Prefect, an Imam, and the Governor, who had driven three hours to be there. Each of us in the Kiwanis delegation was introduced, and the Governor ended his comments of support for the immunizations with the words, “Vive Guinea, Vive Mali, Vive Kiwanis!”

Then the women lined up before the locally trained vaccinator, pressing towards the front to be sure they received what was for most of them their third and final shots. We saw a similar enthusiasm in the small countryside clinics we visited. One of our physician delegates commented that the women he talked with knew more about tetanus than most Americans and definitely knew why they were there.

Perhaps even more significant than the success we witnessed was the presence of the children accompanying their mothers. As the children grow, they will know more and more about modern medicine and the practices that are eliminating the heartbreak of deaths from tetanus and other preventable illnesses. This legacy of hope is one we Kiwanians can be very proud of. Through the Eliminate Project, we are truly serving the children of the world.

I will never forget the faces of the people of Guinea, especially the beautiful children. It is our greatest wish that even as the tetanus vaccinations are protecting so many mothers and newborns, this work is preparing the way for future health campaigns and services. These children are not just the future of Guinea. They are the future for all of us.

Judy Kramer is the Eliminate Project coordinator for the Kiwanis Club of Palo Alto, California, and her Division. She spoke recently at a cluster meeting of Division Coordinators in the Portland area. Photos from her Guinea trip can be seen at http://www.earthwitnessphoto.com.

Vive Kiwanis!
It’s a simple fact. The number of children who need help is growing. Kiwanis clubs need to grow, too, to keep up with the demand.

Here are some simple, effective ideas to discover and nurture the seeds of growth in your club.

Branch out
Compare your club to your neighborhood. Do you truly represent the demographics of your area? If the businesses on main street are not represented in your club, it’s time to reach out.

Consider hosting a “business mixer” to introduce local business owners to Kiwanis. Broaden your definition of diversity, and invite prospects that encompass a variety of ages, genders, professions, income levels and ethnic backgrounds.

Go to school
Get involved with your local schools. Send members to visit your K-Kids, Builders Clubs and Key Clubs, and join them on their service projects and fundraisers.

Print up a parents’ brochure to give to students at the beginning of the school year to explain what a Kiwanis Service Leadership Project is and does. Invite school principals and teachers to help with service projects. Host a parent-teacher night to introduce your club to parents, teachers and administrators.

Be flexible
Think about adopting a 3-2-1 format to allow for more time in service and less time in a meeting, or try starting a club satellite that meets at a different time than your traditional club.

Have fun.
An enjoyable experience is an important element in membership attraction and retention. The bottom line is people like to go where they feel welcome and have a good time.

Keep your club interesting by doing a variety of activities and projects so that everyone feels included and valued.

Blow your horn.
You’re proud of what you do at your club. Tell people about it! When they see all you do – and how excited you are – they will be swept away by your enthusiasm. Let them know they can be part of it, too!

Introduce yourself to local media outlets. Send news releases, and invite reporters to your events. Many radio, television and newspaper organizations are willing to sponsor local charity events – what a great way to get them involved!

Go to camp.
You can often find dynamic young adults volunteering at local summer camps, day camps, museums and daycares. Ask them to pursue their passion for helping children by joining your club.

Young adults may have preconceived notions about Kiwanis clubs and need to be convinced to become Kiwanians. Take the time to find their passions – a cure for cancer, saving the lives of babies, helping children with disabilities, improving the lives of underprivileged or homeless children or reading to preschoolers – and show them how Kiwanis has opportunities to serve in any of these areas.

Be passionate about your own service.
find the best ways to build your Kiwanis club

Get busy.
People who are already active in the community make active Kiwanis members, and often have connections to other prospective members.

Recruit working mothers – women with children under the age of 18 are more likely to volunteer than any other demographic, according to the Corporation for National and Community Service. On average, working women spend 156 hours per year volunteering.

Lobby your hobby.
Host a prospective member social, and invite your golf buddies, rockhounds, quilting group, ham radio club, dinner companions, travel group . . . you get the idea.

You already know you have something in common with these folks, and they will feel more comfortable visiting your club meeting as your guest, rather than not knowing anyone.

Keep the fire burning.
CKI and Key Club members are already members of the Kiwanis family. Now it’s up to you to mentor them in life-changing service, and inspire them to become life-long Kiwanis members.

Think about reducing club dues for former CKI and Key Club students. Or plan on setting aside a portion of your administrative funds each year to subsidize membership fees for new members who need financial assistance.

Focus on family.
Invite parents, kids, brothers, sisters, aunts, uncles, nieces, nephews, and cousins to join you in service. Working together on Kiwanis projects can strengthen family relationships and your club.

Just ask.
In most clubs, new members come in through a connection of family relationships, co-workers and neighbors – friends asking friends, who bring in connections to more people in the community.

When you are a part of something that makes you feel good, it’s not difficult to invite people to join your organization – to share in your passion for service and dedication to your community.

Sharpen your tools.
Kiwanis is a global organization with a long and traditional history, so you should represent your club in the best way possible when recruiting new members. Professional brochures and business cards, for example, will make a better impression on business and community leaders.

Your club website and printed materials should be up-to-date, and carefully proofread.

Don’t stop.
Around the world this year alone, 11 million children will die due to preventable disease. In the United States, the child poverty rate is 21.9%, with children often homeless and hungry. One in every six Canadian children live below the poverty line. Worldwide estimates put over 40 million children at risk of abuse each year.

Unfortunately, those numbers aren’t getting smaller. That’s why Kiwanis needs to keep growing – to ensure there are hands and hearts to carry on the Kiwanis mission of changing the world, one child and one community at a time.
ARE YOU PROUD OF YOUR CLUB?

Kiwanis clubs all over the world are making a difference in their communities, especially in the lives of children. It’s a proven fact that the number one reason that we lose members in our clubs is that they believe that their Kiwanis experience is not worth their time and money, especially their time. What is it that makes us proud of our club and makes us believe that the Kiwanis experience is worth our time? Several things contribute to club pride: fun meetings, good fellowship, well-organized meetings, consistently quality programs, but the number one reason is knowing that your club is having a positive impact on your community and its children. Is your club doing this?

I would recommend your club consider an inexpensive program that is not manpower-intensive but will have a positive impact on many children in your community: Kiwanis International’s BUG (Bring Up Grades) program. In most schools, the only children who are recognized academically are those who achieve the Honor Roll. Many children are not capable of achieving the Honor Roll; at least they believe they can’t. These children typically do enough to pass, but they are underachieving. Schools have classrooms full of underachievers. The BUG program is designed to motivate children to strive to do their best. In this program, any student that brings up at least one grade without any other grades dropping, wins!

The school schedules an awards ceremony inviting parents, grandparents and others to attend and witness these children as they are recognized for bringing up their grades. A couple of members from the sponsoring Kiwanis club attend to pass out the awards to the children and be the recipients of the big smiles and big eyes. The children receive a certificate, BUG pencil, BUG lapel button and other things that the club may choose to award that is available from Kiwanis International. The club may arrange with a local merchant such as McDonalds or Burger King to provide all winners with a “Happy Meal” or some other free gift. The school is encouraged to have a BUG bulletin board where the children’s pictures are posted. Each day these children’s self-image is reinforced as they see their pictures. The beauty of this program is the next grading period the child can win again, just bring up another grade! This is a great project with little cost and very little manpower required. The annual cost for this program is approximately $300-$500, depending on the size of the school and the items the club decides to award. It is also very easy to get the local media to give coverage to this program, which helps to promote the club in your community.

For more details on the BUG program, go to www.bringupgrades.org.

Don Canaday

Beverly Cleary K-Kids take “hands-on” service to a whole new level

Once the 28 K-Kids club members at Beverly Cleary Elementary in Portland decided to do a project to support the Mt. Hood Kiwanis Camp, they went to town. Together with their Advisor, Grant High School Key Club member Emily Highkin, the kids organized a fundraiser, raised $300 and purchased a two-person “Adirondak-style” bench. Members of Bridgetown Kiwanis, the sponsoring club, painted the bench a bright “K-Kid green” and then the kids “made an impression” with blue handprints. After getting a couple of coats of varathane, the bench was taken up to its new home.

The “hands-on service” theme was also used earlier in the year when the club made a lap quilt and donated it to the school auction. The lap quilt sold for over $500.

Jim McAllister
Learning to lead.

Congratulations to these clubs for sponsoring new Service Leadership programs, chartered last quarter:

<table>
<thead>
<tr>
<th>Aktion Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aktion Club of Northshore Bothell, WA</td>
</tr>
<tr>
<td>Kiwanis Club of Northshore</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>K-Kids</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lakewood Boys &amp; Girls Club Lakewood WA</td>
</tr>
<tr>
<td>Kiwanis Club of Clover Parkg</td>
</tr>
</tbody>
</table>

| Mabel Rush Elementary Newberg, OR               |
| Kiwanis Club of Newberg                         |

| Riverside Elementary Milwaukie, OR              |
| Kiwanis Club of Damascus-Boring                 |

| Robert E. Lee Elementary East Wenatchee, WA     |
| Kiwanis Club of Eastmont                        |

| Scenic Elementary Kent, WA                      |
| Kiwanis Club of Kent AM                         |

<table>
<thead>
<tr>
<th>Key Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kelso High School Kelso, WA</td>
</tr>
<tr>
<td>Kiwanis Club of Kelso</td>
</tr>
</tbody>
</table>

| Vancouver Tech Preparatory Vancouver, WA        |
| Kiwanis Club of Salmon Creek                    |

Learn more about Kiwanis sponsored Service Leadership programs online:

---

**Mill Creek Builders Club connects to the community**

The first week of December, 2012, Mill Creek Builder’s Club kicked off the year with a fundraiser – a coin drive. The fundraiser was dedicated to March of Dimes, a non-profit organization that supports the families of babies with birth defects. While the coin drive was a rough first attempt by our newly formed club, it ended up being very successful – especially with the help of our students and staff who participated with much enthusiasm. Our club collected nearly $780 after two weeks, all of which was donated directly to March of Dimes.

We soon became involved in our next project: visiting the adult care facility. On March 25th, we visited Full Life Care Center. In addition to all of our Builders Club members personally meeting and greeting the group, some members played instruments and led singing to connect with the group. Not only were they glad to have us there, but our members were also touched and grateful for what we learned from our valuable experience, for they were very willing and open to us. We plan to revisit when the chance is given.

Although this is the first Builder’s Club at Mill Creek Middle School, we have been successful because of every single one of our members’ passionate noble intents and willingness, and we are looking forward to continuing to give back to our community in various ways.

*MinJi Kim-Johnson*

---

**K-Kid gives Keynote address at Region 2 Conference**

Twelve year old Emily Lang of Oak Harbor, WA was the keynote speaker at the Kiwanis Region 2 conference which was held in Abbotsford, BC on Saturday, March 9.

The Crescent Harbor Elementary School student was one of 14 people invited to Washington, D.C. to participate in Kiwanis International Day at the White House and to be recognized as a “Champion of Change.” Emily spoke about her trip to the White House and answered questions about her experience. She showed us photos of her trip in September of 2012, plus letters from U.S. President Barrack Obama. The President also gave her a White House paperweight and a set of commemorative gold coins celebrating her visit with other Kiwanis members from throughout North America.

Emily is a member of K-Kids and a very positive example of enthusiasm for helping her community in a variety of ways, including serving as chairman of her school’s “Fill The Bus” food drive. She has also been awarded the Bronze Junior Girl Scout Award, and volunteers as a teacher’s assistant before school, helping the kindergarten teacher prepare, and during her lunch recesses, Lang reads to first grade students.

*Karel Ley*
Club Spotlight

Every Labor Day weekend, the Kiwanis Club of Olympia sponsors an annual Harbor Days community event. As part of the publicity for that event, and in partnership with the Olympia Maritime Association, they also enter the “Smitty J” into a number of parades and festivals.

On May 11, 2013, Olympia Kiwanian Bob Peck took the “Smitty J” – with the Kiwanis Logo on the smokestack – out into the Olympia Harbor as part of the WOODEN BOAT FESTIVAL. With its new paint job, it is a “little engine that could,” as Bob proudly drove the “Smitty J” around the harbor and the other wooden boats. The “Smitty J” won the “smallest wooden boat” award at the festival.

This is just one fun way to promote the Olympia Kiwanis Club’s annual Harbor Days fundraiser and Kiwanis.
Easter “Eggstravaganza” bikes & trikes on parade

The Osoyoos Festival Society holds an annual ‘Easter Eggstravaganza’ the Saturday before Easter. The Kiwanis Club of Osoyoos organizes the decorated “Bikes & Trikes” for the parade. We gather the children with their various decorated modes of transportation, judge the entries and award prizes. We then take the children in the parade so they can show off their handiwork to the parade spectators.

Spring Craft Fair raises funds for Children’s Cancer

The Kiwanis Club of Osoyoos annually holds a Christmas Craft Fair as a fundraiser for the Osoyoos Food Bank.

This spring we held our 1st Annual ‘Spring Craft Fair’ as a fundraiser for the Kiwanis Children’s Cancer Program (KCCP). We rent tables to area crafters, sell lunch items from the kitchen and accept cash donations from attendees. We had a display table with information about the KCCP program, which included a continually running KCCP video for BC Children’s Hospital. Between the donations from the public and a good portion of the club’s profits we will be donating $500 to KCCP from this event.

Kiwanis Club of Summit BC stays active!

Our club continues to be involved in our community despite our small membership...we are actively addressing that by planning a membership drive.

We continue to enjoy speakers at our meetings, some ask for financial help, while others provide information. Well over $12,000 has been dispersed into our community for various programs such as the Boys/Girls Club, Elizabeth Fry Society, YWCA counseling program, folding chairs to the Heritage Society, ALS loan equipment program, Fat Car Childrens Festival, Kelowna Gospel Mission Dental program, food budget for the Metis Community Services, grocery money to Safe House for Women and more!

Special Olympics swim meet was an interesting project for our club, as is bowling and curling support. One of our favorite community events is participation in our Victory Life Church annual Easter egghunt and breakfast. Members support by manning pancake booths and a $1000 donation.

Kiwanis One Day saw our club members raking, sweeping, trimming and painting as we ‘beautified’ the grounds and an interior area with some paint at The Lake Country Boys and Girls Club! A grateful lunch at one of our members culminated our work party!

Four members attended the Kiwanis Region 2 Conference in Abbotsford on March 9th. Information was great as was the hospitality. Kiwanis Music Festival is done! Another very successful year for students, adjudicators and of course our Kiwanis members. Rock n Roll category was added this year and proved very popular. Month culminated with an enjoyable Gala concert featuring contestans from varied disciplines.

We have just completed our fundraiser ‘hanging basket’ sale.

Chris Thatcher

Easter breakfast raises $10,000 for dementia care

Easter Sunday Breakfast was served for the first time ever at the Kiwanis Willows Beach Tea Room. The breakfast lasted from 9 a.m. to noon, with a choice of two menus, each at $10.

It’s been a winter of innovation at this historic landmark: a season of Sunday breakfasts that climaxed April 7 with over $10,000 generated to benefit the Kiwanis Pavilion complex care home.

The Kiwanis Tea Room in Willows Park, for six decades a warm-weather only facility, began opening for winter Sunday breakfasts in January. The experiment has proven quite popular indeed. “On sunny days we serve over 100 breakfasts – as many as 120 – in the three hours,” says Brian Beckett, Acting Chair of the Oak Bay Kiwanis Pavilion Foundation. “But on grey days we still have 70 or 80 here for breakfast.”

Wall-to-wall windows provide a panorama of sea, beachfront and park. Thermal windows and an upgraded electrical system allow better heating in the facility originally designed for use only in the summer. The improvement has broadened the enterprise horizon for Oak Bay Kiwanians and their associated boards.

The Pavilion Foundation supports the 122-bed, dementia-specializing Kiwanis Pavilion at 3034 Cedar Hill Road, owned and operated by the Oak Bay Kiwanis Health Care Society.

The foundation served its final breakfast on April 7. Following two successive weekends of clean-up by club members, regular Tea Room operations by Oak Bay Kiwanians and community volunteers began April 27 for the five-month summer season at Willows Park, beside Beach Drive in Oak Bay.

John Ewing
Kiwanian crowned Mrs. Washington 2013

On April 20th, Charlotte Shores, a member of the Kiwanis Club of Bellingham, was crowned Mrs. Washington International 2013.

The Mrs. International Organization highlights the accomplishments of married women around the world. The women who compete in these pageants are extremely dedicated to their communities, service, and something they are incredibly passionate about that they would like to promote during their year of service. Charlotte’s is Kiwanis International.

Charlotte has been very active in the Kiwanis Club of Bellingham since 2011. She is currently the President-Elect for the club. In September when she is installed as the new President, she will be one of the younger presidents to serve in Kiwanis. She is actively involved with some of the committees in her club, heads a bi-annual park cleanup project, participates in the Super Reader program throughout schools in Bellingham, and is a CHOICES presenter. Her love of Kiwanis will be shared with people all across Washington State as she spends the next 11 months advocating and educating the public on Kiwanis.

On July 19th and 20th, she will compete for the title of Mrs. International in Chicago, Illinois.

Kiwanis Club of Lynnwood tackles English Ivy for Kiwanis One Day

On April 6, members of the Kiwanis Club of Lynnwood, Washington teamed up with Key Club members from Lynnwood High School to tackle the invasive species English Ivy that was taking over the grounds of the Meadowdale Beach County Park.

This beautiful park has hiking trails and access to a beach on Puget Sound. Lund’s Gulch Creek runs through the park and it serves as a salmon spawning stream. The English Ivy has the potential of choking the trees and native plants in the park and having a negative impact on the stream.

Lynnwood Kiwanis President David Little coordinated with the park ranger, and a group of twenty hard working men, women, boys and girls spent three hours tugging and pulling and cutting and bagging ivy. At the end of the effort there were 17 large trash bags filled with tightly compacted ivy.

The park is many acres of hilly forested terrain and the ivy is in many areas so much more work needs to be done. Lynnwood High Key Club members are already planning another work party.

At the conclusion of the project the group gathered for a lasagna and salad lunch prepared by another Lynnwood Kiwanis member.

Working together, accomplishing much, enjoying fellowship and good food, that is Kiwanis One Day.

Lynnwood Kiwanis proudly celebrated 50 years of service to Lynnwood and the world on May 23, 2013.

Olympia Kiwanians “Work the Walk”

Jan Britt, Jane Field, Marla Kentfield, Dave Kirk, Bob Lien, Leslie Pryor, and Lynn Urvina all helped staff the registration desk for the 75th annual March of Dimes WALK AMERICA on April 27, 2013, at Heritage Park. This is one of over 800 WALK AMERICA’s taking place nationwide.

The WALK AMERICA fundraising campaign raises 70% of funds raised by the March of Dimes to fight childhood and prenatal diseases and birth defect.

Our Waterfront Satellite Kiwanians also provided free hot dogs for the walkers when they returned from their 8 mile walk around Capital Lake.

Kiwanis One Day Events with the Olympia Kiwanis Club

OLYMPIA KIWANIS WESTSIDE GARDEN

We had 20 members spend 80 hours, and 15 volunteers from the community spend 60 hours, for a total of 140 hours! The time was spent splitting and cutting firewood, burning slash, rototilling, and planting potatoes (1,140 row feet) and onions (2,000 onion starts).

Community volunteers came from Timberline High School, Capital
High School Key Club, Department of Ecology, and River Ridge Covenant Church.

Many thanks to Waterfront Satellite Kiwanis for the great barbeque hamburgers for lunch!

CAPITAL CAMPUS (RAISED) GARDENS

On May 4th, over 60 volunteers descended on the Olympia Kiwanis Capitol Campus Gardens. Volunteers came from the Olympia, Capital and North Thurston High School Key Clubs; the Black Hills High School Softball team; state government offices; and Olympia and North Thurston Kiwanis clubs.

It was a beautiful day to plant potatoes (900 row feet), onions (4,000 starts) and a total of 1,400 row feet of combined rutabagas, turnips, beets and parsnips.

The gardens were also weeded and rototilled. This was a wonderful start to the 2013 growing season! Special thanks go to Olympia Kiwanis members Judy Hall, Kathleen Drew, Steve Drew, Marla Kentfield, Ken Mitchell and John Zuroske – who kept people and tasks running smoothly.

All these vegetables will be donated to the Thurston County Food Bank when it is harvested later this year.

Jan Britt

Battle Ground Kiwanians celebrate Dr. Seuss with leaders form the community

In honor of Dr. Seuss’ birthday, members of the Battle Ground Kiwanis Club, with the help of several other community members, put on two different Green Eggs and Ham Breaks – one at Captain Strong Primary School on March 6 and one at Maple Grove K-8 School on March 7.

Breakfast was served to the first graders and their parents at both schools. In addition to the “colorful” breakfast each student received a book and a “Cat in the Hat” hat.

Mark Matthias of Beaches Restaurant in Vancouver, who has been doing Green Eggs and Ham at Vancouver schools for more than 16 years, helped the Kiwanis Club since it was our first time, as did Russell Brent of Mill Creek Pub, who catered the food. Steve Meier, president of the Battle Ground Kiwanis Club, said “This couldn’t have ever taken on the scope it has without our great community involvement and support.

Mayor Lisa Walters read a Read Across America Proclamation at the City Council Meeting prior to our breakfasts, local businesses provided door prizes, and everyone had a great time!

Jan Britt

Deer Park Kiwanis Club bike helmet giveaway a rousing success

Despite the threat of rain and cold weather, the Deer Park Kiwanis Club bicycle helmet giveaway was a rousing success! Prior to the start of the event, a line of children/parents wound across the Swinyard Park parking lot waiting to be fitted for a new bicycle helmet. By the end of the day, the club had given away over 150 helmets.

In addition to helmets, the club organized a book giveaway booth, giving out over 100 quality recycled books to local youth. The Deer Park Key Club was well represented, helping Kiwanians with the helmet giveaway and selling concession items.

The Key Club also set up a mini yard sale. All in all it was a good day for the Deer Park Kiwanis family and the local community.

Bob Schneider

Spotted along the roadway . . . kudos to the Kiwanis Club of Cedar Hills in Beaverton, Oregon for their work on the Beaverton Creek waterway. A great way to get your club’s name out in the community!
CARE: Canby Area Recognition of Excellence

By the end of the 2012-13 school year, the Canby Kiwanis Club expects to have recognized nine local educators under its new educator of the month program, titled Canby Area Recognition of Excellence, or CARE. The program began this school year.

The award program recognizes a different teacher, administrator or staff member each month for special efforts to achieve educational excellence. The club thought more should be done to recognize the importance of educators to the future of our community.

The educator chosen each month receives a wood plaque and gifts from local businesses. The educator receives the CARE award at the school board meeting each month. Gifts for the award recipients have included clothing, restaurant meals and other gift certificates.

The idea for the award came from club member Matt Olsen, who modeled it on a similar program in Dallas, Oregon. Olsen got the club to approve the idea and provide funding, then gained approval from the school administration and got local businesses to pitch in with cash and in-kind contributions. Olsen praised the willingness of the local business community to back the award, which has received coverage from the local weekly newspaper.

Anyone may make a nomination for the award. A committee of educators, Kiwanians and community members meet monthly to select the winners.

CARE award winners thus far have included a high school agriculture teacher and chemistry teacher, two middle school teachers, and a special needs educator.

Bob Hill

Congratulations!

to the
Kiwanis Club of Canby
celebrating 75 years
July, 2013

Division 72 gets a new club!
Say hello to the Kiwanis Club of Central Coast, Newport

Fifteen members strong, the new club in Newport Oregon was sponsored by the Kiwanis Club of Florence and the Corvallis Sunrisers.

President John Williams and Secretary Belinda Goody invite you to drop in and visit them at a meeting – the second and fourth Mondays of each month at noon at the Agate Beach Golf Course – 4100 Oregon Coast Highway in Newport.

You can contact the new club at: kiwanisnewport@gmail.com

Your club’s story . . .

You’re making a difference in your community, why not share the news with your fellow Kiwanians?

Anyone from a Kiwanis club can send in stories, although an effort should be made to make sure only one person is sending it in. I would highly recommend that clubs and divisions not submit the same story every year unless something significant has changed.

The perfect story is 135 to 250 words, sent as an attached Word document or included the text in the body of an email. Photographs should be high resolution jpgs, and sent as an attachment (not embedded in a pdf or document).

I may choose to edit articles and stories for length or content. Not all stories or photographs that are submitted will automatically be included. Preference will be given to stories that are new, different or interesting.

Complete information and deadlines can be found on the District website under Resources/Pub/BuilderInfo/SubmissionGuide.pdf

Stories, letters and requests should be emailed to magazine@pnwkiwanis.org. The Autumn issue deadline is Aug. 20.
HAVE YOU MOVED?

If you have moved, or are planning to move, please print your name and new address:

Name ____________________________________________________________

Address __________________________________________________________

City ____________________ St/Prov. ______ Postal/Zip Code ______________

Send this form, with the address label from the back cover, to:

Member Services Department
Kiwanis International
3636 Woodview Trace
Indianapolis, IN 46268 Fax: 317-879-0204 Email: memberservices@kiwanis.org

The Community Partnership Program is an Awareness campaign that exposes what we do every day in every community to new people and businesses that WANT to participate and be partners with Kiwanis. Please support these businesses and individuals currently supporting kids and their communities through the PNW Community Partnership Program:

Leonard Yuknis, DDS ........................ Anchorage, AK
Liberty Alaska Accounting, Inc. ............... Anchorage, AK
Sandar & Sandar ............................ Anchorage, AK
USKH, Inc. . . . . . . . . . . . . . . . . . . . . . . . Anchorage, AK
Heidi Wood .................................... Eagle River, AK
CBC-Wood Gundy ............................. Kamloops, BC
Kamloops Hearing Aid Centre ................. Kamloops, BC
Kipp Gallery Pharmacy ....................... Kamloops, BC
Scott’s Inn .................................... Kamloops, BC
United Steelworkers 7619 .................. Kamloops, BC
Adamson Educational Services Inc. .......... Langley, BC
Action Plumbing & Heating Inc. .............. Oliver, BC
Amos Realty .................................... Oliver, BC
Buy-Low Foods ................................ Oliver, BC
Canada Post Oliver ............................ Oliver, BC
CBIC ........................................ Oliver, BC
Fortis BC Electric ............................. Oliver, BC
Interior Ready Mix Ltd ....................... Oliver, BC
Interior Savings Credit Union ............... Oliver, BC
Mike Johnson Excavating Ltd ............... Oliver, BC
Oliver Health Centre ........................ Oliver, BC
Oliver Parks @ Recreation Society .......... Oliver, BC
Oliver Ready Mix Ltd ........................ Oliver, BC
Royal LePage-South County Realty .......... Oliver, BC
Shoppers Drug Mart 2125 .................. Oliver, BC
Supervalu ................................... Oliver, BC
Town of Oliver ................................ Oliver, BC
Tru Building Centre ........................ Oliver, BC
Valley First Credit Union ..................... Oliver, BC
Watchel Plumbing ............................ Oliver, BC
Lux-A-Rug ................................... Victoria, BC
Mitchell Oaks Apartments .................... Victoria, BC
Sea first Insurance Brokers Ltd ............. Victoria, BC
Gortsema Motors ............................. Grangeville, ID
Super 8 Motel ................................ Grangeville, ID
The Clearwater Progress ...................... Kamiah, ID
The Hub Bar & Grill ........................... Kamiah, ID
Sterling Savings Bank ......................... Grangeville, ID
Tyack Dental Group .......................... Astoria, OR
Zolo Media .................................... Bend, OR
Ebner Custom Meats ........................ Canby, OR
Fisher Pump Supply .......................... Canby, OR
MEC North West ............................. Canby, OR
MEC NW .................................... Canby, OR
Wilcox Arredondo & Co. ..................... Canby, OR
Ronald A. Chatterton ........................ Gladstone, OR
Flying Pie Pizzeria ........................... Gresham, OR
Nancy’s Floral ................................ Gresham, OR
Sweet Betsy’s ................................ Gresham, OR
Laserwerks, .................................. Milwaukee, OR
Sue Chadwick Walker, DMD, PC ............. Milwaukee, OR
Amy’s Styles Plus ............................ Oakridge, OR
Gnome-In-The-Woods Construction .... Oakridge, OR
J. Davidson & Sons Const. Co., Inc. ...... Oakridge, OR
McGillicuddy’s Coffee Shop ................ Oakridge, OR
Oakridge Les Schwab Tire Center .......... Oakridge, OR
Oregon Adventures/MBO .................. Oakridge, OR
Postal Pharmacy ........................... Oakridge, OR
Saxon Insurance ............................. Oakridge, OR
Suisslaw Bank .............................. Oakridge, OR
SVDP ........................................ Oakridge, OR
WJ Towing & Repair Inc. ..................... Oakridge, OR
James D. Goertz, D.M.D ........................ Oregon City, OR
Elmer’s Mail 205 ................................ Portland, OR
Fix Auto Portland East ...................... Portland, OR
Gateway Medical Pharmacy .............. Portland, OR
Gresham Tire Factory ....................... Portland, OR
Guidle & Ortwist, PC ........................ Portland, OR
Major-Murray Ltd. .......................... Portland, OR
Roland Havens Insurance, Inc. .............. Portland, OR
Powell Butte Country Store Inc .......... Powell Butte, OR
Allan Clark LLC ............................ Prineville, OR
Chet Petersen Insurance, Inc. .............. Prineville, OR
Crook County ................................ Prineville, OR
Jim Puckett .................................. Prineville, OR
Lytle Creek Distillery, Inc. ................. Prineville, OR
Ochoco Mint Co., Inc. ...................... Prineville, OR
The Associates Real Estate ................. Prineville, OR
Van Vorhees Law Offices, LLC ............. Prineville, OR
Bliss Nails & Spa ............................ Tigard, OR
Eastside Dental ............................. Troutdale, OR
Clark Auto Parts ............................ Tualatin, OR
Tualatin Library ............................ Tualatin, OR
Mill Creek Family YMCA ................. Everett, WA
The Williams Agency ........................ Kennewick, WA
Gerber Collision & Class .................... Kent, WA
Sound Harley-Davidson ........................ Marysville, WA
Animal Care Center ........................ Mount Vernon, WA
Pasco Vision Clinic .......................... Pasco, WA
A Love of Wood ................................... Port Angeles, WA
Angeles Furniture ......................... Port Angeles, WA
Captain T’s ................................. Port Angeles, WA
Captain T’s ................................. Port Angeles, WA
Eleven Eleven Dental PLLC ............ Port Angeles, WA
Envy Hair Technologies .................... Port Angeles, WA
Greenaway, Gay & Tulloch ................ Port Angeles, WA
Hallett & Associates, P.S. ................. Port Angeles, WA
Hallett and Associates ....................... Port Angeles, WA
Irwin Dental Center ........................ Port Angeles, WA
Kitsap Bank ............................... Port Angeles, WA
Olympic Printers ............................ Port Angeles, WA
Pacific Office Equipment .............. Port Angeles, WA
Ray Gruver Insurance & Financial Services Port Angeles, WA
Sabai Thai Restaurant ...................... Port Angeles, WA
Shear Elegance ............................. Port Angeles, WA
State Farm Insurance ...................... Port Angeles, WA
State Farm Insurance ...................... Port Angeles, WA
Waters West .................................. Port Angeles, WA
Wenner Davis Insurance Inc .............. Port Angeles, WA
Wenner-Davis Insurance Inc ............. Port Angeles, WA
Wildner Auto .............................. Port Angeles, WA
ALD Architects ............................. Richland, WA
Arlene’s Flowers & Gifts .................... Richland, WA
Harrington’s Trophies ...................... Richland, WA
Blake Sand and Gravel ...................... Sequim, WA
Blake, Tile & Stone, Inc. .................... Sequim, WA
A-1 Compressed Gases ................. Spokane, WA
KC Craven, DDS ............................. Spokane, WA
Evergreen Spinal Health Center ............ Tacoma, WA
Midway Auto Care .......................... Wenatchee, WA
Magill’s Restaurants ....................... West Richland, WA

Summer 2013 | PNW Kiwanisbuilder magazine 31
THE MIRACLE OF ORTHOPAEDIC HEALING

The KiwanisSIGN project helps provide free surgical implants for use by surgeons to heal otherwise untreatable injuries caused by trauma.

Partnering with the Surgical Implant Generation Network, surgeons and hospitals in more than 50 countries bring the miracle of orthopaedic healing to the poor, preventing disabilities and restoring lives in school children, farmers, shop keepers, teachers, and survivors of disasters and conflicts.

The right treatment changes everything.